BOOK REVIEW

Making Sense of Your Medical Career
Riaz Agha. Published by Hodder Arnold, ISBN 0340887370 (Price £15.99, 200 pp.)

"I have read many books that attempt to provide career advice to medical students, but none as comprehensive, balanced, and helpful as this book. This conveniently sized pocket book covers all the relevant topics for undergraduates (and some are useful even to postgraduates) to aid their career progression in today’s competitive medical workforce. It is well written, clear, and above all, insightful in the advice it contains. I especially liked the sections on IT and financial management as these are poorly covered in other similar books. I also found the appendices very informative for both grant applications and interview preparation. I would perhaps have liked to see more in-depth coverage of MBPhD programmes, some mention of the five-year intercalated BMedSci course at Nottingham, and the non-medical BSc courses available at many medical schools. Other than these minor points, this book is virtually flawless and would be an immense help to all medical students. The author has encapsulated the gems of many years’ experiences that senior doctors have into a weekend read that would undoubtedly help any medical reader fulfil their career aims. I have no hesitation in recommending this book to all UK medical students."

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