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Title: Making Sense of Your Medical Career: Your Strategic Guide to

Success

Author: Riaz Agha

Publisher: Hodder Arnold H&S

Buy the book Making Sense of Your Medical Career: Your Strategic

Guide to Success for £16.00

Review by Dr Jonathan Osborn

This book is an invaluable resource for ambitious medical students wishing to rise to the 'top of the pile'. The author, Riaz Agha, is a high-achieving medical student, having won multiple prizes, founded several companies and founded the *International Journal of Surgery*. He shares the benefit of his knowledge and experience in a clear concise style, which is easy to read and understand. He has invited several high-profile chapter authors who add

valuable specialist knowledge, particularly in the area of information technology. To the best of my knowledge, this book covers unique material, and more than adequately fills this hole in the market.

The book is subdivided into four sections 'Getting the skills you need', 'Making big decisions at medical school', 'Getting ahead of the competition', and 'How to make successful job applications'. It includes valuable advice regarding intercalated degrees, CV and interview preparation, making presentations and getting work published.

With Modernising Medical Careers and the implementation of the foundation programme, optimising one's CV is of paramount importance. Those marked higher in the matching scheme (position based on numerous factors including exam results and CV grading) will get better jobs. This book contains some excellent suggestions for improving both CV and interview performance and therefore I recommend this book to all medical students, without reservation.

Jonathan Osborn MB ChB MSc MRCS August 2005 last updated: 30/08/2005
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